



General Training Menu

Training: [Understanding and Effectively Communicating with Survivors of Trauma](#)

Join us for an essential training program:

We are pleased to announce this training session, which can be requested at any time, focused on understanding and effectively communicating with survivors of trauma. This comprehensive program is designed for professionals across various sectors, including community-based organizations, nursing homes, faith-based institutions, city agencies, and any staff interested in enhancing their skills when working with trauma survivors.

Training Highlights:

- **Understanding Trauma:** Define and explore the different types of traumas, including acute and chronic experiences.
- **Compassion Fatigue:** Learn about the emotional toll of working with trauma survivors and how to recognize the signs in yourself and others. Learn about the two elements of Compassion Fatigue (Burn out and Secondary Traumatic Stress).
- **Vicarious Trauma:** Learn about the emotional toll of working with trauma survivors and how to recognize the signs in yourself and others.
- **Effects of Trauma:** Gain insight into the psychological, emotional, and physical impacts on individuals.
- **Trauma-Informed Care:** Discover the six core principles of trauma-informed practice and how to create supportive environments that prevent re-traumatization.
- **Adverse Childhood Experiences:** Learn how adverse childhood experiences (Aces) are connected to adult wellness.
- **Self-Care Strategies:** Equip yourself with techniques to maintain your well-being while providing compassionate care.

Training Goals:

This training aims to empower participants to become trauma-informed, responsive, sensitive, and aware in their interactions with trauma survivors. By the end of the session, you will possess valuable skills and knowledge that will enhance your ability to support individuals affected by trauma effectively.

Duration: 60-90 minutes

Who Should Attend:

This training is ideal for professionals working in community-based organizations, nursing homes, faith-based institutions, city agencies, and anyone interested in improving their approach to trauma-informed care.

Don't miss this opportunity to deepen your understanding and improve your skills in working with trauma survivors.

Training: [Understanding and Effectively Communicating with Survivors of Trauma \(Legal\)](#)**Join us for a vital training opportunity:**

We are pleased to offer an important training session aimed at enhancing the skills of legal professionals in effectively communicating with survivors of sexual assault. This training is specifically designed for private law firms, district attorneys, judges, court clerks, and all legal personnel engaged in the court system.

Training Highlights:

This session will provide an in-depth exploration of trauma and its implications in the legal context. Key topics include:

- **Understanding Trauma:** Definitions and different types of traumas.
- **Vicarious Trauma:** Learn about the emotional toll of working with trauma survivors and how to recognize the signs in yourself and others.
- **Compassion Fatigue:** Learn about the emotional toll of working with trauma survivors and how to recognize the signs in yourself and others. Learn about the two elements of Compassion Fatigue (burnout and secondary traumatic stress).
- **Effects of Trauma:** Insights into the psychological, emotional, and behavioral effects on survivors.

- **Maintaining Boundaries:** Best practices for setting and respecting boundaries in legal interactions.
- **Trauma-Informed Care:** The six core principles of trauma-informed practice and strategies to prevent re-traumatization.
- **Adverse Childhood Experiences:** Learn how adverse childhood experiences (Aces) are connected to adult wellness.
- **Self-Care Strategies:** Essential techniques for personal well-being while supporting others.
- **Alternatives to Incarceration:** Exploring approaches that address the unique needs of survivors.

Training Goals:

The objective of this training is to equip legal professionals with the knowledge and skills to be trauma-informed, trauma-responsive, trauma-sensitive, and trauma-aware. Participants will learn to better understand the effects of trauma on survivors and how to foster a more compassionate legal environment.

Duration: 60-90 minutes

Who Should Attend:

This training is intended for:

- Private Law Firms
- District Attorneys
- Judges
- Court Clerks
- All Legal Personnel Engaged in the Court System

Enhance your understanding and improve your interactions with survivors of sexual assault and survivors of trauma in general.

Training: [Sexual Assault 101](#)

Join us for an informative training session:

We are pleased to present "Sexual Assault 101," a crucial training program designed to enhance understanding of sexual assault and its societal implications.

Training Overview:

Participants will explore a range of important topics, including:

- **Defining Sexual Assault:** What constitutes sexual assault and its various forms.
- **Bias and Attribution:** Understanding how societal biases influence perceptions of victims and offenders.
- **Debunking Myths:** Addressing common misconceptions surrounding sexual violence.
- **Objectification and Consent:** Examining societal attitudes towards women and the complexities of consent.
- **Reporting Dynamics:** Insights into why some victims choose not to report assaults.
- **Rape Culture and Victim Blaming:** Analyzing the societal context that affects responses to sexual violence.
- **Profiles of Victims and Offenders:** Who is affected by and who perpetrates sexual assault?
- **Trauma Symptoms:** Recognizing the psychological and physical effects of trauma on survivors.

Training Goals:

This interactive session aims to raise awareness of sexual assault issues, improve understanding of victim experiences, and highlight the influence of rape culture on responses to sexual violence. Engaging activities and videos will enhance participants' learning experience.

Duration: 60-90 minutes

Who Should Attend:

This training is beneficial for:

- Social Workers
- Educators
- Law Enforcement
- School Counselors
- Nursing Facility Staff
- Community-Based Organizations
- Legal Professionals

Take this opportunity to deepen your knowledge and enhance your ability to support individuals affected by sexual violence.

Training: [Understanding Elder Sexual Abuse](#)

Join us for an essential training session:

We are pleased to offer a training program focused on "Elder Sexual Abuse," designed to equip professionals with the knowledge and skills needed to recognize and respond effectively to this critical issue. This session is particularly beneficial for caregivers, law enforcement, family members, medical personnel, nursing facility staff, mental health counselors, prosecutors, military victim advocates, military chaplains, and military criminal investigators.

Training Overview:

This comprehensive training will cover key topics, including:

- **Definition of Elder Abuse:** Understanding what constitutes elder abuse, specifically sexual abuse.
- **Domestic and Institutional Abuse:** Exploring the different contexts in which elder abuse can occur.
- **Statistics:** Reviewing current data to highlight the prevalence of elder sexual abuse.
- **Consent:** Discussing the complexities of consent in the context of elder abuse.
- **Identifying Offenders:** Understanding who commits elder abuse and why.
- **Case Studies:** Analyzing real-life examples to enhance understanding and recognition of elder abuse.

Training Goals:

The objective of this training is to educate professionals on how to identify and respond to elder sexual abuse and sexual assault. Participants will learn to recognize risk factors and indicators of abuse, enabling them to better protect vulnerable older individuals. This training aims to strengthen awareness and provide practical skills to address the needs of victims effectively.

Duration: 60-90 minutes

Who Should Attend:

This training is ideal for:

- Caregivers
- Law Enforcement Personnel
- Family Members
- Medical Staff
- Nursing Facility Employees
- Mental Health Counselors
- Prosecutors
- Military Victim Advocates
- Military Chaplains
- Military Criminal Investigators

Don't miss this opportunity to enhance your understanding of elder sexual abuse and improve your capacity to protect and support older individuals in your care.

Training: [Understanding Commercial Sexual Exploitation of Children \(CSEC\)](#)

Join us for an informative training session:

We are excited to present a vital training program on "Understanding Commercial Sexual Exploitation of Children (CSEC)." This session is designed to equip professionals with the knowledge and skills necessary to recognize and address the serious issue of minor sex trafficking.

Training Overview:

This comprehensive training will cover a range of critical topics, including:

- **Definition of CSEC:** What constitutes commercial sexual exploitation of children.
- **Statistics:** Current data highlighting the prevalence and impact of CSEC.
- **Affected Populations:** Understanding which children are most at risk.
- **Offender Profiles:** Identifying who perpetrates these crimes.
- **Trauma Bonding:** Exploring the psychological connections between victims and offenders.

- **Media Influence:** Analyzing how media representation affects public perception and awareness.
- **Indicators of Trafficking:** Recognizing potential signs of exploitation and trafficking.

Training Goals:

The objective of this training is to educate professionals about the complexities of minor sex trafficking, including the characteristics and pathways of CSEC. Participants will learn about the importance of language when referring to CSEC victims, tactics used by offenders, and relevant legislation regarding Domestic Minor Sex Trafficking. This training will empower professionals to identify victims and understand the stages of change that these young victims experience.

Duration: 60-90 minutes

Who Should Attend:

This training is beneficial for:

- Law Enforcement Personnel
- Families
- City Agency Representatives
- Social Workers
- Medical Personnel
- Educators
- Shelter Staff
- Airport Personnel
- Anyone who interacts with children under the age of eighteen

Enhance your understanding of commercial sexual exploitation of children and learn how to better protect and support vulnerable young individuals in your care.

Training: [Sexual Assault and the Disability Community](#)

Join us for a crucial training session:

We are pleased to present "Sexual Assault and the Disability Community," a vital training program designed to enhance understanding of the unique challenges faced by individuals

with disabilities regarding sexual violence. This session is essential for caregivers, family members, social workers, law enforcement, educators, and anyone working with the disability community.

Training Overview:

This comprehensive training will cover key topics, including:

- **Defining Disability:** Understanding various disabilities and their implications.
- **Misconceptions and Stereotypes:** Addressing common misconceptions about individuals with disabilities.
- **Defining Sexual Violence:** Exploring the nature of sexual violence and its impact on the disability community.
- **Incidence of Sexual Violence:** Reviewing statistics highlighting the prevalence of sexual assault against people with disabilities.
- **Understanding Ableism:** Examining the concept of ableism and its societal implications.
- **Ecological Framework:** Analyzing the broader context of violence against individuals with disabilities.
- **Appropriate Communication Skills:** Learning effective communication strategies when interacting with individuals with disabilities.

Training Goals:

The objective of this training is to foster a better understanding of sexual assault, and the specific challenges faced by people with disabilities. Participants will learn about the high incidence of sexual violence in this community, societal attitudes toward sexual assault, and the barriers that hinder access to support and resources. This training aims to empower attendees to advocate for the rights and well-being of individuals with disabilities in relation to their sexual health.

Duration: 60-90 minutes

Who Should Attend:

This training is beneficial for:

- Caregivers
- Family Members
- Social Workers

- Law Enforcement Personnel
- Educators
- Anyone working with the Disability Community

Don't miss this opportunity to deepen your understanding and enhance your ability to support individuals with disabilities in the context of sexual assault.

Training: [Communicating with Children During Disclosure of Sexual Assault](#)

Join us for an essential training session:

We are pleased to announce, "Communicating with Children During Disclosure of Sexual Assault," a critical training program aimed at equipping professionals with the skills necessary to effectively engage with children disclosing sexual abuse. This session is valuable for educators, social workers, law enforcement personnel, families, community-based organizations, daycare staff, after-school program leaders, and anyone working with children.

Training Overview:

This comprehensive training will cover essential topics, including:

- **Understanding Sexual Violence:** Definitions and key concepts.
- **Child Sexual Abuse:** Exploring what constitutes child sexual abuse and its implications.
- **Statistics:** Reviewing data related to the prevalence of sexual violence against children.
- **Barriers to Disclosure:** Identifying reasons why children may hesitate to disclose abuse.
- **Why Professionals Miss the Signs:** Understanding common pitfalls in recognizing abuse.
- **Consent:** Discussing the complexities of consent in the context of children.
- **Communicating During Disclosure:** Techniques for effective communication when a child discloses abuse.
- **Making an Accurate Record:** Best practices for documenting disclosures.

- **The Process of Telling:** Understanding the stages of disclosure and informal reporting.
- **Age-Appropriate Approaches:** Tailoring communication strategies based on the child's age.
- **Role-Playing Exercises:** Practicing communication skills in real-life scenarios.

Training Goals:

The objective of this training is to equip professionals with foundational skills for engaging with children who disclose sexual abuse. Participants will learn how to navigate initial conversations, ask appropriate questions, and adopt effective communication styles to create a safe space for children to share their experiences.

Duration: 60-90 minutes

Who Should Attend:

This training is beneficial for:

- Educators
- Social Workers
- Law Enforcement Personnel
- Families
- Community-Based Organizations
- Daycare Staff
- After-School Program Leaders
- Anyone working with children

Don't miss this opportunity to enhance your skills and improve your ability to support children during critical disclosures of sexual assault.